

Five Little Peas

Purpose: Keeping the beat and playing the rhythm of a poem

Formation: Circle

Supplies: Rhythm sticks and a koosh

Procedure: With the koosh on the floor,
have students pass it around with their right hand
on the beat while chanting the poem.
“Five” is in front of you “Peas” is in front of the neighbor to your right
“Pick it up” in front of you “Drop it” in front of your neighbor
Stop on the word “POP”, that person is “popped”
The “popped” people will get a pair of sticks,
surround the circle and play the
rhythm of the poem while chanting it.
The winner is the last one in the circle
If you are short on time use more than one koosh

**Five little peas
in a pea pod pressed;
One grew, two grew,
So did all the rest.
They grew and grew
And they didn't stop,
Till all of a sudden
The pod went pop!**